

Great Secular Resources

"But I'm Almost 13!" An Action Plan for Raising a Responsible Adolescent

by Kenneth Ginsburg, M.D. with Martha Jablow.

See - **Parents' Answers**, *Raising Responsible Teens and Peer Pressure Survival Skills* to learn more about the book.

Gives parents step by step instructions on how to develop an interactive communication style with their children. Parents learn how to use role-playing, decision trees and choreographed discussions to explore consequences and alternatives with their children.

(2001) McGraw-Hill, I SBN 0-8092-9717-5, paperback

Project Reality - This group's material can give parents great ideas to use at home.

<http://www.projectreality.org/>

See - Parents' Answers, *Abstinence - great ideas from Project Reality*

- **I can do that** (grades 4-7) introduces ten virtues through short stories and verse. These are followed by discussion questions and activities to help children apply these virtues to their own lives.
- **Game Plan** (grades 7- 8) uses a sports theme approach to understanding the benefits of abstinence before marriage.
El Plan de Juego - Game Plan Spanish Edition (grades 7-9)
- **Navigator**, a high school text designed to help teens develop their goals and dreams and to resist negative peer pressure to engage in sexual activity or use alcohol, tobacco, and other drugs.