

## **RATIONALE for “Who Wants to be a ‘Sexy’ Millionaire? ”**

“Who Wants to be a ‘Sexy’ Millionaire” was developed in response to parents’ requests for an opening game to lessen everyone’s anxiety. The “game show” format includes content from the formal presentation in a more interactive style. The questions and the correct answers were developed by Mary Lee O’Connell, CRNP. The strange and sometimes funny wrong answers were developed by some helpful teens. As children become active learners, embarrassment and stress lessens.

The response has been enthusiastically positive. One evaluation stated the game was “very helpful to lowering parent/child “anxiety.” Another parent commented that during the game “kids get to discuss and discover they are not alone. There is always someone who can help and who is trust worthy.”

The game teaches more than knowledge and is non-threatening. The students can use two lifelines to help answer any question or poll the group. The game also teaches the impact of peer pressure as many students change their correct answer when friends disagree. It also shows how easy it is for them to second guess themselves when asked, “Is that your final answer?” Many kids learn early that if they want the right answer, they should ask a parent to be their lifeline.

It is stressed that a game is fun and there is no harm done with a wrong answer BUT life is different. They will one day have to make important choices and they will need the CORRECT information. Their parents are the best ones to help them find the right answers.

If you have any ideas for additional questions, I would love to hear from you.

Have fun with the game.

*Mary Lee O’Connell, CRNP*

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