

Who Wants to Be a Millionaire ©

What is puberty?

- A) The capital of the state of Montana
 - B) Sharon Puberty - a center for Illinois State
 - C) When a girl's body prepares for the possibility of motherhood
 - D) Something all girls experience at the same time
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When a boy/girl begins to grow twice as fast (growth spurt), what grows first?

- A) ears
 - B) hands
 - C) belly button
 - D) feet
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If a girl's breasts ache or feel tender, is something wrong?

- A) yes
 - B) no
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Is something wrong during puberty if a girl notices one breast is larger than the other?

- A) yes
 - B) no
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Who determines if a baby will be boy or girl?

- A) mom
 - B) dad
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What do ovaries do?

- A) make the chemical messengers that cause a girl's body to change
 - B) hold the immature eggs that may some day help make a baby
 - C) both answers
 - D) neither answer
-

What usually happens first?

- A) hair down THERE
- B) breast changes
- C) hair under the arms

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Where does hair grow first?

- A) Under the arms
 - B) Down THERE
-

If a girl notices white or yellow stuff on her underpants, she should...

- A) worry
 - B) do nothing and hope it will go away
 - C) see her doctor/nurse practitioner right away
 - D) know this is normal
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How can a girl know when she will have her first period?

- A) within a year of when her mom had her first period
 - B) about six months after she notices white or yellow stuff on her underpants
 - C) both answers
 - D) There is no way of knowing.
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Girls can't do anything to prepare for their first period?

- A) TRUE
 - B) FALSE
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What determines the amount of body hair that a girl will have?

- A) family
 - B) diet
 - C) exercise
 - D) sexiness
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If it hurts or burn when a girl urinates, she should...?

- A) drink more water
 - B) wait for it to go away
 - C) worry cause it may be something REALLY bad
 - D) call your doctor/nurse practitioner right away
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During your period you should NOT exercise?

- A) TRUE
- B) FALSE

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How many years can it take for a girls breasts to fully develop?

- A) 2
 - B) 3
 - C) 4
 - D) 5
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You can order pills or cream to make your breasts bigger?

- A) TRUE
 - B) FALSE
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Your breasts will stop growing if you put pressure on them or sleep on them at night.

- A) TRUE
 - B) FALSE
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How many glasses of milk (8 ounces) does a girl need to drink each day to protect her bones from sports injuries?

- A) 1
 - B) 2
 - C) 3
 - D) 4
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A boy/girl should drink 5 to 6 glasses of water each day to protect themselves from.....?

- A) daytime tiredness
- B) dry skin
- C) constipation
- D) all of the above